

Dear Tamarac Area,

RE: Guiding Mosaic 2016 Report

Thank you very much for supporting my trip to Guiding Mosaic 2016. There, I was one of two Special Diets Coordinators with the Food Services team. My job at camp was to ensure the caterer was informed of all special dietary needs and that all the participants with special dietary needs knew what they could safely eat at each meal. It was a tough job, but also rewarding and fun.

The two weeks at camp were full of rain, rain, and more RAIN, which turned camp into a muddy mess. The camp became nicknamed MUD-saic as a result. Thankfully, my tent and gear were adequately waterproof. Despite the weather, everyone seemed to be enjoying themselves, myself included. I was able to meet old friends, including those from Tamarac Area, and make a few new friends as well.

Our Special Diets team was incredible. My partner in special diets coordination was Shasta Barron, a Guider from Ontario. We were instant friends and worked well together to overcome all the challenges we faced during camp. Our Food Services team leader was Liz Maki, who was fabulous at making sure everything went well with our caterer and everyone was well fed at camp. The caterer provided us with two special diets chefs: Kevin and Gord — two of the greatest chefs I have ever met. We also had the help of a dietician, Sarah, a chef apprentice, Wilson, and another Guider, Megan.

This is a photo of our wonderful Special Diets team:



Some fun highlights of the camp included the generosity and kindness of our special diets chefs, girls doing happy dances when we told them they could eat everything on the main line (a few meals were completely dairy-free!), hugs from grateful Guiders, Mr. Zippy sauce (a chef-created condiment safe for most of our participants that evolved as camp progressed, many jokes included), a girl who made us laugh and smile at every meal, and knowing that I was part of a team that made camp inclusive to our participants with special dietary needs.

Thank you again for supporting my trip. Please let me know if anyone has any questions or would like to contact me to learn more from my experience.

Yours in Guiding,
Jennifer Duggan
spacecanada@gmail.com